

What's on the Menu?

Chatfield Lunch Menu, Chartwells School Dining Services

March 2024

Price: \$Free

Monday	Tuesday	Wednesday	Thursday	Friday
<p>W3</p>				<p>1</p> <p>Turkey and Cheese Sub Smart Snack Chips Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>4</p> <p>Cheese Pizza Green Beans Fresh Cucumber Coins Rosy Applesauce Choice of Milk</p> <p>W4</p>	<p>5</p> <p>Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Fresh Baby Carrots Chilled Diced Pears Choice of Milk</p>	<p>6</p> <p>Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk</p>	<p>7</p> <p>Ham Steak Mashed Potatoes Gravy WG Dinner Roll Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>8</p> <p>Brunch for Lunch French Toast Sticks & Sausage Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>11</p> <p>Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk</p> <p>W1</p>	<p>12</p> <p>French Bread Cheese Pizza Seasoned Black Beans Fresh Baby Carrots Chilled Diced Pears Choice Of Milk</p>	<p>13</p> <p>Grilled Cheese Sandwich Tomato Soup Fresh Cucumber Coins Michigan Grown Apple Choice of Milk</p>	<p>14</p> <p>Bosco Stick or Dunkers Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>15</p> <p>Pancakes and Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk</p>
<p>18</p> <p>Carnival Corn Dog Green Beans Fresh Cucumber Coins Applesauce Choice of Milk</p> <p>W2</p>	<p>19</p> <p>Hamburger on WG Bun Tater Tots Fresh Baby Carrots Chilled Diced Pears Choice of Milk</p>	<p>20</p> <p>Chicken Patty on WG Bun Vegetarian Baked Beans Fresh Cucumber Coins Michigan Grown Apple Choice of Milk</p>	<p>21</p> <p>Chicken & Cheese Quesadilla w/Dipping Sauce Fresh Baby Carrots Diced Peaches Choice of Milk</p>	<p>22</p> <p>½ Day of School</p>
<p>25</p> <p>No School</p>	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>	<p>28</p> <p>No School</p>	<p>29</p> <p>No School</p>

This institution is an equal opportunity employer.



Chatfield: Free Breakfast to All Students

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Choose 2</u> Scooby-Doo Graham Stix Cereal Variety Cereal Bar Variety Nutra Grain Bar Variety Cheese Stick Trix Yogurt <u>Must take a</u> Juice or Fruit <u>Optional</u> Milk, Skim, 1% or Chocolate	<u>Choose 2</u> Bug Bites Graham Crackers Cereal Variety Cereal Bar Variety Nutra Grain Bar Variety Cheese Stick Trix Yogurt <u>Must take a</u> Juice or Fruit <u>Optional</u> Milk, Skim, 1% or Chocolate	<u>Choose 2</u> WG Blueberry Muffin Cereal Variety Cereal Bar Variety Nutra Grain Bar Variety Cheese Stick Trix Yogurt <u>Must take a</u> Juice or Fruit <u>Optional</u> Milk, Skim, 1% or Chocolate	<u>Choose 2</u> Cinnamon Goldfish Grahams Cereal Variety Cereal Bar Variety Nutra Grain Bar Variety Cheese Stick Trix Yogurt <u>Must take a</u> Juice or Fruit <u>Optional</u> Milk, Skim, 1% or Chocolate	<u>Choose 2</u> Scooby-Doo Graham Stix Cereal Variety Cereal Bar Variety Nutra Grain Bar Variety Cheese Stick Trix Yogurt <u>Must take a</u> Juice or Fruit <u>Optional</u> Milk, Skim, 1% or Chocolate

Student will choose 2 breakfast items **AND** a juice or fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

This institution is an equal opportunity provider.